



## Directions to Colosseum Gym

### **From Parkway North**

Take Parkway exit 143 toward Irvington/Springfield Avenue

Make a left @ Cleremont Avenue

Make a left @ Lyons Avenue

Make a right on Stuyvesant Avenue

3<sup>rd</sup> left on Clinton Avenue

Right on Irvington Avenue – keep left to stay on Irvington Avenue – gym will be on right after you pass the Walgreens

### **From Parkway South**

Take Parkway exit 145 toward I-280/The Oranges

Keep right at fork, follow signs for Standard County Route 508/Central Avenue and merge onto South Oraton Parkway

Slight left onto South Oraton Parkway

Continue on Whittlesey Avenue

Continue on Maybaum

Turn right @ South Orange Avenue

Turn left @ Ward Place

Turn left on Irvington Avenue – gym will be about ¼ mile down on the left hand side

### **From I-280 East**

Take 280 exit 11 toward Center Street/Orange

Turn right @ South Center Street – continue for 1.3 miles

Turn right @ South Orange Avenue

Turn left @ Ward Place

Turn left @ Irvington Avenue – gym will be about ¼ mile down on the left hand side

### **From 78 West**

Take 78 exit 55 toward Hillside/Irvington

Keep left @ fork and go toward Fabyan Place

Turn right @ Lyons Avenue

Turn right @ Stuyvesant Avenue

3<sup>rd</sup> left on Clinton Avenue

Turn right on Irvington Avenue – keep left to stay on Irvington Avenue – gym will be on right after you pass the Walgreens